

Online help for a healthy life

Having a fun and healthy lifestyle can be a costly but, now, with Living Free Canada, Canadians can get out of the house and try new activities and save money at the same time. Launched at the beginning of

the month, Canada now has an online health and wellness community.

Living Free Canada is an online coupon community partnering with companies that reflect a fun and healthy lifestyle, showcasing Canada's best health and wellness companies and providing customers with coupons to inspire a healthy lifestyle.

Introduced in Vancouver last year as an elite coupon book (Living Free Vancouver, Inc.), it has received a positive response from across the country, leading to the expansion across the country and onto the Internet.

The initial membership fee to join Living Free Canada is \$25



LIVINGFREECANADA.COM

Living Free Canada offers a selection of coupons and information to encourage healthy living.

(plus tax). Five dollars from each paid membership is donated to Ovarian Cancer Canada. The membership is good for a full year and can be used across Canada in any city where valid. As a member, you will receive an e-newsletter twice a month announcing new merchant partners and featuring health articles and features. An online community, Living Free Canada is committed to sustainability.

Accessing coupons as a member is simple:

1. Select the coupon(s) of choice. Learn about the merchant and the coupon value.

2. Print the coupon(s) of choice. Don't forget to take the coupon

with you when you visit the merchant. Coupons may only be used once, so once a coupon is printed, the link to that coupon becomes inactive.

3. Experience your selected coupon(s). Trying something new? Enjoy every moment and share with friends and family.

Until Monday, May 31, Living Free Canada is giving away free 12-month memberships. Visit livingfreecanada.com for details.

If you have a company located in Canada and are interested in partnering, e-mail Blair Kaplan at blair@livingfreecanada.com. ❖

— Courtesy of Living Free Canada